

Download Freezer Recipes Slow Cooker Combo

40 Meals in 4 Hours Crockpot Slow Cooker Freezer Cooking, prep and freeze 40 meals to cook in your slow cooker. Dinner prep is a great way to get organized! Dump Meals, Freezer Meals, Sanity Savers—whatever you'd like to call these meals is fine with me. I call them a LIFESAVER! I know I'm not 12 SUPER easy recipes you can make in a slow cooker, from veggie lasagna to an entire roasted chicken to pot roast! SO YUM! The easiest and, arguably, tenderest pulled pork comes out of the slow cooker. Here, we coat pork shoulder with a spice rub of dark brown sugar, chili powder, cumin, and cinnamon, then cook it on a bed of garlic and onions moistened with chicken broth. These low calorie slow cooker recipes are full of deep, rich flavors and have just less than 300 calories per serving. Plus, they're perfect for busy, Freezer Recipes Slow Cooker Combo.

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